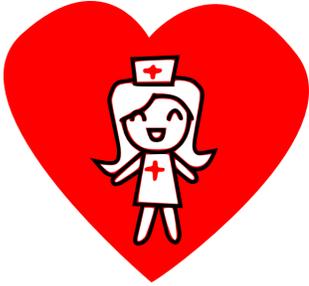


HEALTH SERVICES

Blood Pressure Clinics: Walk-in blood pressure clinic is held every Wednesday at the Senior Center from 9 AM to 12 PM.



Outreach Clinic: Held at Morkeski Meadows every other month starting in January. Check your newsletter for dates and times or call the Senior Center.

A nurse from the VNA will take your blood pressure and check your blood glucose level.

Our outreach manager will be available during clinic hours if you have any issues that you want to discuss.

Massage Therapist: Held on the 2nd Friday of every month beginning. The cost is \$10 for 15 minute session & \$20 for a 30minute session. Call reception for the Next Available Appointment. This is a Special Discount for Senior Citizens.



Foot Care Specialist: Held each month on the 3rd Friday from 9-3 PM. The cost is \$30 for 30 minute session. Clip and File followed by a foot massage. Call the Senior Center for an appointment.



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